

# CIMARRON HILLS GOLF & COUNTRY CLUB TENNIS SCHEDULE

ADULT TENNIS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Weekly Schedule: February 4th - March 24th</b>						
<p><b>9:00-10:30am</b> <b>Flight 3</b> (Team Only) Drill Package</p> <p><b>10:30am-12:00pm</b> <b>Flight 2</b> (Team Only) Drill Package</p> <p><b>7:00-8:30pm</b> <b>Men's Night</b> (All Levels, Men Only) Complimentary</p>	<p><b>9:00-10:30am</b> <b>Flight 1</b> (Team Only) Drill Package</p> <p><b>10:30-11:30am</b> <b>Tennis 101</b> \$15</p> <p><b>7:00-8:30pm</b> <b>Co-Ed Open Drill</b> (All Levels) \$25</p>	<p><b>9:00-10:30am</b> <b>Flight 7</b> (Team Only) Drill Package</p> <p><b>10:30am-12:00pm</b> <b>Ladies Open Drills</b> (All Levels) \$25</p> <p><b>6:00-7:00pm</b> <b>Tennis 101</b> \$15</p>	<p><b>9:00-10:30am</b> <b>Ladies Open Drills</b> (All Levels) \$25</p> <p><b>7:00-8:30pm</b> <b>Co-Ed Open Drill</b> (All Levels) \$25</p>	<p><b>9:00-10:30am</b> <b>Coached Match Play</b> (All Levels) \$25</p>	<p><b>7:30-8:30am</b> <b>Cardio Tennis</b> (All Levels) \$15</p> <p><b>8:30-10:00am</b> <b>Co-Ed Open Drill</b> (All Levels) \$20</p>	<p><b>9:00-10:30am</b> <b>Co-Ed Open Drill</b> (All Levels) \$25</p>
						AM
						PM

## Tennis Staff:

- Cal Loveridge, Director of Tennis
- Mike Cancino, Head Tennis Professional
- Eric Beckenbach, Tennis Professional
- Weston Watson, Tennis Professional

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## CLASS DESCRIPTIONS

### Cardio Tennis

Take your cardio routine out of the gym and onto the tennis court! Cardio tennis is a great workout for players of all abilities, in fact, NO TENNIS EXPERIENCE IS REQUIRED!

Cost - \$15 members / \$20 non members

### Coached Match Play

Friday morning matches morning! This is a great way for the coaches to see how you play during a match, and what can be improved to help raise your game to the next level. Coaches will help mainly with strategy, positioning and the mental side of the game. All levels welcome.

Cost - \$25 members / \$30 non members

### Co-Ed Open Drill

Drill session for all levels. This session consists of racquet fed drills, live ball drills and point play. It is a great workout and plenty of instructive feedback. Gentlemen and Ladies' are both welcome.

Cost - \$25 members / \$30 non members

### Men's Night

Social men's tennis for all levels. Come on out and hit every Monday for some fun tennis. No instruction, just match play and a good time.

Cost - Complimentary for members / \$10 non members

### Ladies Open Drills

Drill session for all ladies. This session consists of racquet fed drills, live ball drills and point play. It is a great workout and plenty of instructive feedback.

Cost: \$25 members / \$30 non members

### Tennis 101

This is a class for those wanting to pick up the game, or who have taken a break and want to ease back in. Tennis 101 focuses on learning the basics of tennis, in a fun, friendly environment. Come and give it a go!

Cost - \$15 members / \$20 non members